



# USA JUMP STARS®

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## Longfellow Elementary School

### Jump Rope Class - Spring Session

April 20th - June 8th

12:50 - 1:50 8 Classes \$88

4/20, 4/27, 5/4, 5/11, 5/18, 5/25, 6/1, 6/8

## Longfellow Elementary School Jump Rope Class

Bring a smile and we will teach you to jump rope!

Learn single rope, 2 person 1 rope, Chinese wheel, traveler, double dutch, and long rope skills. Wear work out clothing and good jumping shoes.

**Performance for friends and family on final day of camp!**



Grades K-5  
Jump ropes provided for  
class and available for  
purchase to take home.

Please detach and mail to address below. Make checks payable to USA Jump Stars®  
Any questions please contact Melinda Everett 619-851-6880 or melindae123@yahoo.com

### Longfellow Elementary School Spring 2015-2016

Participant's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

Spring Session: (\$88) \_\_\_\_\_ Medical Conditions: \_\_\_\_\_

I give my child, \_\_\_\_\_ permission to participate in the USA Jump Stars program. I release USA Jump Stars from all claims and responsibility arising from any injury to my child resulting from participation during this USA Jump Stars program.

Parent/Guardian's Signature \_\_\_\_\_

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